

Laboratory XVIII

# Sitting With The Body / PARADE Installing Ourselves

Apply now!  
Deadline: October 28th 2015

Munich, Novembre 6th – 8th 2015

Series BODY TERRITORIES [Lab & Lecture]  
organized by Monica Gomis, funded by Department of Culture Munich



# Sitting With The Body / PARADE – Installing Ourselves

## \_\_ Laboratory XVIII

### PROGRAMME

- Non-public workshop with Heike Langsdorf: Novembre, 6th / 7th, 11 am – 6 pm at Tanztendenz München
- Public lecture by Heike Langsdorf: Novembre, 6th, 6 pm at Tanztendenz München
- Showing / intervention: Novembre, 8th, estimated. 11 am – 5 pm at Tanztendenz München

A first instruction for a yogini (a person who practices yoga) says: go find a place where you can be undisturbed! Does this mean to search for absolute silence or a place where nobody else can come? Does it mean to be protected from cold, heat, dirt and wind? Or is the first thing to do, finding out what disturbance does mean for us?

A two day workshop, followed by an intervention is exploring under which conditions one can act 'undisturbed'. Is there something like an ideal place? How can we deal with less ideal spaces instead of avoiding them?

Sitting With The Body / PARADE is a three day undertaking for min. 10 people: a two day physical-mental preparation is leading to an intervention on Sunday in the semi-public space.

### Series BODY TERRITORIES (LAB & LECTURE)

What direction is the development of contemporary dance taking? What is the next step? How can we communicate better and integrate the different impulses from other artforms, scientific disciplines, cultures and the city itself in our work? Is it necessary to look for new methods of research to be able to look at intellectual and bodily approaches at the same time and find a balance between them? This are some of the questions the Body Territories-series tries to answer since 2007.

Aiming at intensive co-operation between the different disciplines, internationally acknowledged choreographers and scientists are invited to explore the status of the body in different phases of artistic creation. Questions like "What happens in the precise moment, before a movement originates in the body, before the body transforms thought into an expression? What condition does the body enter into when presenting itself on stage? How well can we communicate through our bodies and with what quality do we convey things?" are explored theoretically and practically by workshop leaders, lecturers, participants and the audience of the public showings.

‘BODY TERRITORIES’ is funded by the Department of Culture of the City of Munich. Monica Gomis is member of Tanztendenz München e.V.

**Monica Gomis** studied classical ballet in Spain. In New York she was trained in „Authentic Movement“ at Laban Institute and Contemporary dance during two years. Collaborations with choreographers Trisha Brown, David Zambrano, Micha Purucker, Stefan Dreher, Ludger Orlok, Jan Ritsema, Hooman Sharifi, Marten Spanberg and Martin Nachbar followed. In 2002 she received a dance grant from the City of Munich, allowing her to investigate the work of Xavier LeRoy, Jan Ritsema and Cristine De Smedt. In 2003 she was invited to Seoul (Korea) to teach and choreograph at the Korean National University of Arts for three months.

Her choreographic debut *Dilo, aber sag es besser 2mal, can you say it again?* was developed in 2004. Numerous productions like *Questioning Questions?* (2005), *Holy heels* (2006), *Hermanas -- Gomis & Stucky* (2007), *A Woman with a Plan* (2009) and *Catching a Big Fish* (2010) followed. The pieces were also presented at international festivals like *Les lignes du corps* (Valenciennes, France), the *Alcoi Dance Festival* (Spain) and *IKB – 10. Internationale Künstlerbegegnung* (St. Gallen, Switzerland). In collaboration with the Department of Arts of the City of Munich in 2007 she developed the internationally hosted lab series *Body Territories*, designed to explore the interfaces of dance and science (participants e.g.: Natalie Le Core, Miguel Pereira, Katja Schneider, Pirkko Husemann, DD Dorvillier, Thomas Lehmen). Additionally she is collaborating with theatre projects (e.g. *Lost, Bist Du noch da?*), working as a performer and movement-coach. In 2010 she received a dance grant from the City Munich.

More info: [www.monicagomis.com](http://www.monicagomis.com)

The Brussels based dancer and performance artist **Heike Langsdorf** (\*1974 - Burghausen, Germany / professional education: ArtEZ - Arnhem ([www.artez.nl](http://www.artez.nl)), Apass ([apass.be](http://apass.be)) - Antwerpen). Since 1997 she works for and with various theatre makers, choreographers, visual artists and architects, (a.o. with Kriztina de Châtel and Karin Post, with Jan Fabre, Alexander Baervoets, Kris Verdonck, Thierry Smits, Davis Freeman, Ula Sickle, Laurent Liefoghe, Vermeir & Heiremans). During ten years she worked with the collective C&H (consisting out of Christophe Meierhans, Christoph Ragg and herself), developing and presenting performative works and frameworks, exploring the conditions for action within as well as outside the theatre-and-art-context.

Since 2010 she is producing work with her platform *radical\_hope*, in the alternating functions of director, performer, curator and educator. Next to her work for *radical\_hope* she collaborates with other artists, gives class at KASK / Ghent School of Arts and works regularly with children, teenagers and master-students in various school contexts and occasionally as teacher, mentor and coach (o.a. Kunsthumaniora Brussels, Apass, Designacademie Eindhoven, l'ERG Brussels, KASK). Langsdorf's work was developed and presented in a.o. Centre Pompidou - *Constellations 2009* (Metz), TNT (Bordeaux), Grütli (Geneva), Hangar (Barcelona), Maus Habitats (Porto), Rotterdam Film Festival (Rotterdam), Sophiensäle (Berlijn), STUK en M-Museum (Leuven), Vooruit (Ghent), Courtisane (Ghent), Kaaaitheater (Brussel), Kunstenfestivaldesarts (Brussels), Les Halles (Brussels), etcetera (Brussel). Her most recent work *Sitting With The Body 24/7* premiered in spring 2015 (Burning Ice Festival / Kaaithéâtre - Brussels).

More info: [www.open-frames.net/radical\\_hope](http://www.open-frames.net/radical_hope)

## Short information

### Lab XVIII: Sitting With The Body / PARADE – Installing Ourselves

During 18th edition of the Body-Territories-series hosted by Munich-based choreographer Monica Gomis, participants will explore in a two day workshop, followed by an intervention under the direction of choreographer Heike Langsdorf under which conditions one can act 'undisturbed'. Is there something like an ideal place? How can we deal with less ideal spaces instead of avoiding them?

Dates: Novembre, 6th – 8th 2015

Place: Tanztendenz München | [www.tanztendenz.de](http://www.tanztendenz.de)

**End of application: Wednesday, 28th of Octobre 2015**

**Application: Please send a short cv and letter of motivation to [mgomis@gmx.de](mailto:mgomis@gmx.de)**

Participants: max. 12 artists already working on this topic or interested in it

Fee: none

Each Lab has 3 parts:

Part 1 - Body work and development of improvisation methods, in which the theorician will give the inputs.

Part 2 - The transition from studio work to stage

Part 3 - Theoretical part: Collection & analysis of results of the body work, lecture & discussions.

Photo credits: Heike Langsdorf (page 1-4). Layout: Knoll PR